



## INSTRUCTOR'S BASIC SAFETY CHECKLIST

- Correctly fitting Buoyancy Aids and suitable clothing (including footwear)
- Activity pitched at a suitable level for students
- Check safety and teaching equipment, and student's boats
- Safety Boat ratio does not exceed 1 Safety Boat : 6 students
- Clear definition of sailing area and communication signals afloat
- Continual awareness of conditions Regular head counts
- Effective group control (ashore and afloat)
- Perceptive to individual's needs

**IF IN DOUBT, DON'T GO OUT!!!**